

Measuring Motivation: Evaluation of the Validity of the MORE Scale within the Post-Stroke Population in Canada

Location: Canada-wide

Number of participants: 46

Recruitment period: Until the required number of participants is reached

Description: Researchers of the University of British Columbia are conducting a study to evaluate the consistency and accuracy of the Motivation in stroke patients for rehabilitation scale or MORE Scale. Motivation is what leads people to begin, maintain and complete goal-driven behaviours. Motivation for rehabilitation is important after a stroke as it is a predictor of recovery and functional outcomes. The findings from this study will help healthcare professionals provide more effective stroke rehabilitation programs by identifying, better understanding, and addressing motivation as a possible barrier to positive treatment outcomes. If you decide to participate in this study, you will meet with researchers once via Zoom or phone.

Language: English-only

Eligibility:

- Over the age of 19
- Can provide informed consent
- Have experienced a hemorrhagic (i.e., a brain bleed or an artery that bursts) or ischemic (i.e., a blood clot in the brain) stroke
- Have previously participated in or are currently enrolled in a rehabilitation program
- Have stroke impairments that influences day to day activities

Participant requirements:

If you decide to participate in this study, you will meet with researchers once via Zoom or phone. We will guide you through a series of questionnaires looking at your:

- Motivation to participate in rehabilitation
- Subjective feelings of motivation
- Depression levels Participation in meaningful activities
- Functional performance of activities of daily living

The total estimated time for this study is 60 minutes. There is no cost to participate. During the meeting, breaks may be taken at any time. Further, you are not required to answer any question you do not wish to respond to. You will receive a \$15 gift card for your participation at the end of the session.

Institution: University of British Columbia

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